

9th INTERNATIONAL BAREFOOT RUNNING DAY™ (IBRD™)

Sunday, May 5, 2019, All Day, Everywhere, Worldwide

www.TheBarefootRunners.org/pages/IBRD

“Changing the running world one odd look at a time.”

Participant Registration Form

Last Name: _____ First Name: _____

Gender: Male: _____ Female: _____ Date of Birth: ____/____/____

Street Address: _____

City: _____ State: _____ Zip: _____

Email Address(es): _____

Liability Release

I know that running and volunteering to work in club races/events are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race/event official relative to any ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races/events including, but not limited to: falls, contact with other participants, the effects of the weather including high heat and humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Barefoot Runners Society, LLC, any of the Barefoot Runners Society chapters, and all supporters, sponsors, their representatives, and successors from all claims or liabilities of any kind, arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the person(s) named in this waiver.

Signed: _____ Date: ____/____/____

(Parent's signature required if under 18)